

| Sunday  | Monday  | Tuesday  | Wednesday  | Thursday   | Friday  | Saturday  |
|---|---|--|--|--|---|---|
| <p><i>Memory Cottages</i></p>    | <h1>February</h1>   |  |  |  | <p>1</p> <p><b>7:30pm Pancake Breakfast</b><br/>           9:30am Daily Chronicles<br/>           9:30am Catholic Communion Service (TC)<br/>           10:00am Morning Huddle<br/>           2:00pm Easy Listening and Sing-Along<br/>           5:15pm Visit in Cardinal Living Room<br/>           5:30pm Friday Relaxation</p>  | <p>2</p> <p>9:30am Daily Chronicles<br/>           10:00am Ground Hog Trivia<br/>           12:30pm Chit and Chat<br/>           1:00pm Northern Walkers<br/>           2:00pm Search for Phil!<br/>           3:00pm Fun Forecaster Mad Lib<br/>           5:00pm Lawrence Welk</p>                           |
| <p>3</p> <p>9:30am: Daily Chronicles<br/>           10:00am Book Making<br/>           12:30pm Bake Carrot Cake and Norman Rockwell Trivia<br/> <b>2:00pm Puppy Bowl on Animal Planet and Carrot Cake Snack</b><br/>           5:30pm Super Bowl Kickoff</p>   <p>Carrot Cake Day</p> | <p>4</p> <p>9:30am Daily Chronicles w/ the RA's<br/>           10:00am DVD: Sing-Along w/ Susie Q<br/> <b>1:30pm Music w/ Doug Spartz</b><br/>           5:15pm Visit in Cardinal Living Room<br/>           5:30pm Everyday Life Trivia</p>  | <p>5</p> <p>9:30am Daily Chronicles<br/>           10:00am Chinese New Year Trivia<br/>           12:30pm Chit and Chat<br/>           1:00pm Nutella "Blinis"<br/>           2:00pm Chinese Ribbons &amp; Are You a Pig?<br/>           3:30pm Finishing Lvrics<br/> <b>World Nutella Day</b></p>  <p>Chinese New Year - Year of the Pig</p> | <p>6</p> <p>9:30am Daily Chronicles<br/>           10:00am Health Benefits of Raisins<br/>           12:30pm Chit and Chat<br/>           1:00pm Parachute to "I Heard It From the Grape Vine"<br/>           2:00pm Afternoon Huddle<br/>           3:30pm Book Club<br/>           5:15pm Visit in Cardinal Living Room<br/>           5:30pm Yesterdays</p> <p>Raisin Day</p>   | <p>7</p> <p>9:30am Daily Chronicles<br/>           10:00am Mind Joggers<br/>           12:30pm Chit and Chat<br/>           1:00pm 2:00pm Decorate for Valentine's Day<br/>           3:30pm Funny Bones<br/>           5:15pm Visit in Cardinal Living Room<br/>           5:30pm Relaxation</p> <p>Storytelling Day</p>  | <p>8</p> <p>9:30am Daily Chronicles<br/> <b>9:30am Catholic Mass (TC)</b><br/>           10:00am Never Have I Ever<br/>           12:30pm Chit and Chat<br/>           1:00pm &amp; 2:00pm Mixed Up Fairy Tale Mad Libs<br/>           3:00pm Mind Stretchers</p>  <p>Laugh and Grow Rich Day</p>  | <p>9</p> <p>9:30am Daily Chronicles<br/>           10:00am Treasure Chest of Memories<br/>           12:30pm Chit and Chat<br/>           1:00pm Bean Bag Toss<br/>           2:00pm History of Airplanes<br/>           3:30pm Reminiscing<br/>           5:00pm Lawrence Welk</p>                            |
| <p>10</p> <p>9:30am: Daily Chronicles<br/>           10:00am Book Making<br/>           12:30pm Chit and Chat<br/>           1:00pm Bake Cupcakes<br/>           2:00pm Wedding Traditions<br/>           3:30pm Funny Bones</p>  | <p>11</p> <p>9:30am Daily Chronicles<br/>           10:00am Devotions w/ Mary Aalgaard<br/>           12:30pm Chit and Chat<br/>           1:00 Music and Movement<br/>           2:00pm Swedish Woven Hearts<br/>           3:00pm Name That Heart Tune<br/>           5:15pm Visit in Cardinal Living Room<br/>           5:30pm Book Club</p>  | <p>12</p> <p>9:30am Daily Chronicles<br/>           10:00am Bake Cookies<br/>           12:30pm Chit and Chat<br/>           1:00pm Beanbag Toss<br/>           1:30pm Decorate Valentine's Cookies<br/>           3:30pm Finishing Lines</p>   | <p>13</p> <p>9:30am Daily Chronicles<br/>           10:00am Valentine Craft and Bake Sale (Bistro)<br/>           12:30pm Chit and Chat<br/>           1:00pm &amp; 2:00pm Valentine's Day Wacky Wordies<br/>           3:30pm Mind Stretchers<br/>           5:15pm Visit in Cardinal Living Room<br/>           5:30pm Yesterdays</p>  | <p>14</p> <p>9:30am Daily Chronicles<br/>           10:00am Down Memory Lane - Valentine's Day<br/>           12:30pm Chit and Chat<br/> <b>1:00pm Valentine's Day Party</b><br/>           3:30pm Let's Write a Love Poem<br/>           5:15pm Visit in Cardinal Living Room<br/>           5:30pm Valentine's Sensory/Joy Kit</p>  | <p>15</p> <p>9:30am Daily Chronicles<br/>           9:30 Catholic Communion Service (TC)<br/> <b>10:00am The Art of Reminiscing: Think Chocolate</b><br/>           12:30pm Visits w/ Amber<br/>           1:00pm Music and Movement<br/> <b>2:00pm Music Therapy w/ Amber: Valentine's Day</b><br/>           3:00pm Easy Listening</p>                        | <p>16</p> <p>9:30am: Daily Chronicles<br/>           10:00am EZ Does It Trivia<br/>           12:30pm Chit and Chat<br/>           1:00pm Bubble Music<br/>           2:00pm The Moral of the Story: Fables and Folktales<br/>           3:30pm Remembering<br/>           5:00pm Lawrence Welk</p>   |
| <p>17</p> <p>9:30am Daily Chronicles<br/>           10:00am First Ladies: Who Am I?<br/>           12:30pm Chit and Chat<br/>           1:00pm President's Trivia<br/>           2:00pm Not So Presidential Code Name<br/>           3:00pm I Hear Memories!</p>  | <p>18</p> <p>9:30am Daily Chronicles<br/>           10:00am <b>The Art of Reminiscing: Milking Time Memories</b><br/>           2:45pm Easy Listening and Sing-Along<br/>           5:15pm Visit in Cardinal Living Room<br/>           5:30pm Everyday Life Trivia</p>    | <p>19</p> <p>9:30am Daily Chronicles<br/>           10:00am Facts About First Ladies<br/>           12:30pm Chit and Chat<br/>           1:00pm Music and Movement<br/>           2:00pm Snow Moon<br/>           3:30pm Remembering Travel in America</p> <p>First Ladies Day</p>   | <p>20</p> <p>9:30am Daily Chronicles<br/>           10:00am Penny Ante<br/>           12:30pm Chit and Chat<br/>           1:00pm Chinese Ribbons<br/>           2:00pm &amp; 3:00pm Lemonade, Cookies and Spring Music<br/>           5:15pm Visit in Cardinal Living Room<br/>           5:30pm Spring Sensor/lov Kit</p> <p>Spring is in the Air Day</p>  | <p>21</p> <p>9:30am Daily Chronicles<br/>           10:00am Everyday Life Trivia<br/>           12:30pm Chit and Chat<br/>           1:00pm Parachute<br/>           2:00pm &amp; 3:00pm Reading Erma Bombeck<br/>           5:15pm Visit in Cardinal Living Room<br/>           5:30pm Relaxation</p>  <p>Erma Bombeck Day</p>     | <p>22</p> <p>9:30am Daily Chronicles<br/>           9:30am Catholic Communion Service (TC)<br/>           10:00am Mind Joggers<br/>           12:30pm Chit and Chat<br/>           1:00pm Music and Movement to Margaritaville<br/>           2:00pm &amp; 3:00pm Virgin Margaritaville Drinks and Snacks</p>  <p>Washington's Birthday Margaritaville Day</p> | <p>23</p> <p>9:30am Daily Chronicles<br/>           10:00am Treasure Chest of Memories<br/>           12:30pm Chit and Chat<br/>           1:00pm Bean Bag Toss<br/>           2:00pm &amp; 3:00pm Build a Paper Fish Aquarium<br/>           5:00pm Lawrence Welk</p>  |
| <p>24</p> <p>9:30am: Daily Chronicles<br/>           10:00am Book Making<br/>           12:30pm Chit and Chat<br/>           1:00pm Bake Cupcakes<br/>           2:00pm &amp; 3:00pm Cupcakes, Coffee and Make a Bird Collage</p>   | <p>25</p> <p>9:30am Daily Chronicles<br/>           10:00am Fairy Tales, Folk Tales and Fables Fill in the Blank<br/>           12:30pm Chit and Chat<br/>           1:00pm Parachute to "Life is Just a Bowl of Cherries"<br/>           2:00pm Nix the Six Game<br/>           3:30pm Finish the Lyrics<br/>           5:15pm Visit in Cardinal Living Room<br/>           5:30pm Book Club</p>  | <p>26</p> <p>9:30am Daily Chronicles<br/>           10:00am Grimm Brothers Fair Tale Trivia<br/>           12:30pm Bake Cookies<br/> <b>2:00pm Music w/ Steve</b><br/>           3:30pm Sprite Tears: A Modern Day Fairy Tale</p>    | <p>27</p> <p>9:30am Daily Chronicles<br/>           10:00am Bake Strawberry Cake<br/>           12:30pm Chit and Chat<br/>           1:00pm Would You Rather? Game<br/>           2:00pm Strawberry Cake &amp; Coffee<br/>           3:30pm Finish the Lyrics<br/>           5:15pm Visit in Cardinal Living Room<br/>           5:30 Yesterdays</p>  <p>Strawberry Day</p> | <p>28</p> <p>9:30am Daily Chronicles<br/>           10:00am Shake Loose a Memory<br/>           12:30pm Chit and Chat<br/>           1:00pm Chair Yoga<br/>           2:00pm Wacky Wordies<br/>           3:30pm Funny Bones<br/>           5:15pm Visit in Cardinal Living Room<br/>           5:30pm Relaxation</p>  |    |   |
|   |    | <p><i>Note: The intent of the morning and afternoon activities is to have them naturally flow from one to another. There may be times when the activities will start earlier or later, depending on what the residents seem to be enjoying and responding to at the moment. There may also be times when an activity is changed, again, dependant on what Activity Staff feels will be most beneficial to the residents.</i></p> |  |  |   | <p><b>Event Location Key</b></p> <p>CR = Red Pine Community Room, 2nd Floor<br/>           FC = Northern Fitness Center, 1st Floor<br/>           DR = Brainerd Dining Room, 1st Floor<br/>           TC = Crow Wing Theater and Chapel, 2nd Floor<br/>           ML = Maple Library, 1st Floor<br/>           OLA = Oriole Living Area, 1st Floor<br/>           3F = 3rd Floor Sitting Area</p> |