

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
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# OCTOBER



<p>3 Morning: Catholic Mass Today - Loretto Abbey Chapel 12:00pm Vikings vs. Browns Afternoon: Sunday Matinee and Sensory/Joy Kits</p>	<p>4 Morning: Morning Huddle 12:30pm Exercise: Walking 1:30pm Apple Bingo 3:30pm Mind Joggers</p> 	<p>5 Morning: Morning Huddle and <b>Book Club w/ Mary Aalgaard</b> 11:00am Exercise: <b>Matter of Balance w/ Sandy (Bluebird)</b> 12:30pm Exercise: Walking 1:30pm Make Leaf Window Art and Coffee 3:30pm Card Games</p>	<p>6 Morning: Morning Huddle, <b>Write Be a Pal Letters</b> 12:30 Exercise: Northern Walkers 1:00pm Chit Chats and 1:1 Visits 2:00pm Ice Cream Cones, Games Galore and Word Games, Fun w/ iN2L 3:30pm Mind Stretchers</p>	<p>7 Morning: Morning Huddle, Coffee and Worship w/ Chaplain Chris from Ebenezer on iN2L 11:00am Picnic (Dependent on Weather) 2:00pm Wreath Making and Daniel O'Donnell DVD 3:30pm Card Games or Treasure Chest of Memories</p>	<p>8 9:30am Catholic Communion Service 10:00am Make Puppy Chow 1:30pm Visit from Baylee, a Great Pyrenees and Presentation by Terri from Housekeeping 2:30pm Puppy Chow 3:00pm Music Therapy: Dogs</p> 	<p>9 <b>All Weekend: Fun w/ the iN2L (w/ RA's)</b> Morning: News and Coffee w/ the RA's Afternoon: Saturday Matinee Paint with Water and Puzzles</p>
<p>10 Morning: Catholic Mass Today - Loretto Abbey Chapel 12:00pm Vikings vs. Lions Afternoon: Sunday Matinee and Sensory/Joy Kits</p>	<p>11 Morning: Morning Huddle 12:30pm Exercise: Walking Afternoon: <b>Make Chili for the Chili Cookoff on October 19th</b> 3:00pm Elizabeth's Choice!</p>	<p>12 Morning: Morning Huddle and <b>Book Club w/ Mary Aalgaard</b> 11:00am Exercise: <b>Matter of Balance w/ Sandy (Bluebird)</b> 12:30pm Exercise: Walking 1:00pm Chit Chats 2:00pm Daniel O'Donnell DVD: Peaceful Waters 3:00pm Conversation Cards</p> 	<p>13 Morning: Morning Huddle, <b>Write Be a Pal Letters</b> 12:30pm Exercise: Northern Walkers 1:00pm Exercise: Mind and Body 2:00pm Ice Cream Cones, Games and Puzzles and Fun w/ iN2L 3:30pm Mind Stretchers</p>	<p>14 <b>A Hoot of Day</b> Morning: Morning Huddle, Coffee and Worship w/ Chaplain Chris from Ebenezer on iN2L 12:30pm Exercise: Northern Walkers w/ Sandy Afternoon: Owl Activities, Candy Corn Snack, and Eldersong Sing-Along 3:30pm You Be the Judge</p> 	<p>15 9:30am Reading from Lakes Catholic Magazine 12:30pm Exercise: Walking Afternoon: <b>Fall Baking and Coffee</b> 3:30pm Everyday Life Trivia</p>	<p>16 <b>All Weekend: Fun w/ the iN2L (w/ RA's)</b> Morning: News, Coffee w/ the Ra's Afternoon: Saturday Matinee Tic-Tac Toe and Adult Coloring Time TBD: Gophers vs. Nebraska</p>
<p>17 Morning: Catholic Mass Today - Loretto Abbey Chapel 12:00pm Vikings vs. Panthers Afternoon: Sunday Matinee and Sensory/Joy Kits</p>	<p>18 Morning: Morning Huddle 12:30pm Exercise: Walking 1:00pm Chit Chats 1:30pm Pumpkin Painting 3:00pm Mind Joggers</p> 	<p>19 Morning: Morning Huddle and <b>Book Club w/ Mary Aalgaard</b> 12:30pm Chit Chats 1:00pm Exercise: Northern Walkers 2:00pm Chili Taste-Testing and Guitar Music w/ Jim Olsen and Steve Penoncello!! 3:30pm Conversation Cards</p> 	<p>20 Morning: Morning Huddle, <b>Write Be a Pal Letters</b> 12:30pm Exercise: Walking 1:00pm Chit Chats and 1:1 Visits 2:00pm Ice Cream Cones, Word Games and Puzzles and Fun w/ iN2L 3:30pm Mind Stretchers</p>	<p>21 9:30am Morning Huddle, Coffee and Worship w/ Chaplain Chris 12:30pm Exercise: Walking 1:30pm Chit Chats and Visits 2:00pm Visits from Jet and Goldie, Belgian Tervurens! 3:30pm You Be the Judge</p> 	<p>22 <b>Morning: Catholic Communion Service</b> 12:30pm Exercise: Walking 1:30pm Exercise: Mind and Body Afternoon: <b>Sliced Apple Dessert and Coffee</b> 3:30pm Everyday Life Trivia</p>	<p>23 <b>National Eat Pumpkin Day</b> Morning: Morning Huddle 12:30pm Chit Chats w/ Lynette 1:00pm Exercise: Walking 2:00pm Pumpkin Fluff Dip 3:30pm Funny Bones</p>
<p>24 <b>Over Niagra Falls Barrel Day</b> Morning: Catholic Mass Today - Loretto Abbey Chapel 12:30pm Chit Chats w/ Lynette 1:00pm Exercise: Walking 2:00pm Eldersong Hymn Sing-Along 3:00pm Niagra Falls Facts</p> 	<p>25 Morning: Morning Huddle 12:30pm Exercise: Northern Walkers 1:00pm Exercise: Mind and Body Afternoon: <b>Canvas Button Art</b> 3:00pm Mind Joggers</p>	<p>26 <b>World Series Game 1</b> Morning: Morning Huddle and <b>Book Club w/ Mary Aalgaard</b> 12:30pm Chit Chats 1:00pm Exercise: Northern Walkers 2:00pm Tuesday Matinee, Popcorn, Pop 3:30pm Conversation Cards</p> 	<p>27 <b>Teddy Bear Day</b> <b>World Series Game 2</b> Morning: Morning Huddle 11:00am Indoor Picnic and Activity at Camp Confidence 2:00pm Ice Cream Cones and Teddy Bear Music 3:30pm Mind Stretchers</p>	<p>28 9:30am Morning Huddle, <b>Write Be a Pal Letters</b>, Coffee and Worship w/ Chaplain Chris from Ebenezer on iN2L 1:30pm Exercise: Northern Walkers Afternoon: Halloween Activities 3:00pm Halloween Music Therapy w/ Sandy</p> 	<p>29 <b>World Series Game 3</b> 9:30am Reading from Lakes Catholic Magazine 12:30pm Exercise: Walking Afternoon: Halloween Party: Decorate Halloween Cupcakes 3:30pm Everyday Life Trivia</p> 	<p>30 <b>World Series Game 4</b> <b>All Weekend: Fun w/ the iN2L (w/ RA's)</b> Morning: Morning Huddle w/ the RA's Afternoon: Saturday Matinee Adult Coloring and Puzzles</p>

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**World Series Game 5**  
Morning: Catholic Mass Today - Loretto Abbey Chapel  
1:30pm Parade of Pumpkins and Cinnamon Ice Cream (CR)  
2:30pm Halloween Matinee



## Memory Cottages



*Note: The intent of the morning and afternoon activities is to have them naturally flow from one to another. There may be times when the activities will start earlier or later, depending on what the residents seem to be enjoying and responding to at the moment. There may also be times when an activity is changed, again, dependant on what Activity Staff feels will be most beneficial to the residents.*

<b>Event Location Key</b>	<p>CR = Red Pine Community Room, 2nd Floor FC = Northern Fitness Center, 1st Floor DR = Brainerd Dining Room, 1st Floor TC = Crow Wing Theater and Chapel, 2nd Floor ML = Maple Library, 1st Floor OLA = Oriole Living Area, 1st Floor 3F = 3rd Floor Sitting Area</p>
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